

Mattia Crapanzano

Qualified care worker – Italian OSS (92/100) · First responder · Self-employed
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03 HEALTH AND SOCIAL CARE · RESCUE

In care.

Qualified care worker (Italian OSS) with **over ten years** alongside the elderly, people with disabilities and people with addictions. I'm self-employed so I can give every person the time and attention they deserve. As a first responder, I bring the clarity of emergency work into everyday care.

QUALIFICATION	OSS · 1,010 hours · 92/100
RESCUE	Italian Red Cross · Vicenza
CURRENTLY AT	Montecchio Precalcino · Legnago

Before it was a job, *care was my life.*

For eight years I cared for a loved one every day. It taught me what no course can: reading unspoken needs, handling fatigue, being there consistently even at the hardest times. I'm a father of two, and I bring that sense of responsibility to every shift.

10+

years of experience as a care worker

92_{/100}

care worker qualification grade

1010_{hours}

of training for the qualification

8_{years}

as a family caregiver

How I can *help.*

I work with cooperatives, care homes, rescue associations and families, with agreed weekly availability.

01

FACILITIES

Care homes and facilities

Agreed shifts in nursing homes, residential care, rehabilitation clinics, sheltered housing and day centres.

02

FAMILIES

Home care

Personal hygiene, mobility support, oral medication, accompaniment and cognitive stimulation, with regular reports to the family.

03

EMERGENCY

Ambulance and first aid

First responder shifts on basic life support ambulances, patient transport and medical cover at events.

04

TRAVEL

Trips and travel

Continuous care during holidays, trips and stays away from home, even for weeks.

05

URGENT

Urgent cover

Sudden staff absences or family emergencies: I can step in at short notice.

06

COMMUNITIES

Addiction and mental health

Experience in therapeutic communities: a non-judgemental approach and support through recovery.

Where time *really* matters.

Alongside care work I serve as a first responder, including nights and holidays. It isn't a separate job: it's the same skill set, taken where reaction time makes the difference.

ITALIAN RED
CROSSSINCE
2026**Vicenza branch**

First responder on basic life support ambulances: emergencies, scheduled patient transport, event cover.

LEGNAGO
SOCCORSOLEGNAGO
(VR)**Contracted ambulance service**

Pre-hospital care of critical and trauma patients following PTC protocols, secondary transport, evening and night shifts.

FIRE SERVICE

SINCE 2026

Volunteer firefighter

Urgent technical rescue with the Italian National Fire Corps, Verona.

ON DUTY I CAN HANDLE

- ABCDE approach to trauma patients
- CPR and early defibrillation with AED, adult and paediatric
- Measuring and monitoring vital signs
- Immobilisation, vehicle extrication and transport
- S.T.A.R.T. triage and the first phase of a major incident
- Coordination with dispatch, fire service and police
- Emotional support for patients and families

Equipment: cervical collars, spinal board, scoop stretcher, vacuum mattress, extrication device, pelvic binder. Next step: ambulance driver course.

Where I've *worked*.

Now · Montecchio P.

Care worker (OSS)

Cooperativa Promozione Lavoro · ULSS 7 Pedemontana residential services, Montecchio Precalcino (VI)
Qualified care assistant, self-employed, in a residential facility.

Now · Legnago

Care worker (OSS)

Legnago care home · Cooperativa Quadrifoglio
Care for elderly residents.

Now · Rescue

First responder

Italian Red Cross, Vicenza · Legnago Soccorso

Emergency ambulance shifts, patient transport and event cover, including nights and holidays.

Vicenza area

Self-employed care worker

Cooperatives, care homes and families

Nursing homes through Orienta S.p.A., Cooperativa Solidarietà Pro and Aldia

Cooperativa Sociale, plus private families: hygiene, moving and handling, feeding, pressure sore prevention, oral medication support.

Verona

Istituto Assistenza Anziani

Residential care home

Dependent elderly residents: full personal care, working with nurses and a multidisciplinary team, in daily contact with families.

Altavilla Vic.

Comunità Il Giardino dei Tigli

Cooperativa Promozione Lavoro

Adults with acquired brain injury (severe head injury, stroke): 24-hour care, cognitive and motor stimulation, individual rehabilitation plans.

Schio

Il Focolare therapeutic community

Il Borgo Onlus

People with drug and alcohol addiction, some with mental health needs: daily support alongside psychotherapists, educators and addiction service doctors.

Cologna Ven.

Domenico Cardo care home

Care home

Personal care, feeding, mobility and prevention, working with the nursing and medical team.

Marche · Abruzzo

Specialist live-in support

Private assignment

Ongoing support for a young man with disabilities travelling for university: logistics, hygiene, meals and night care, for long periods away from home.

Jesi

Vittorio Emanuele II care home

Where I started

Night care, hygiene, feeding, minor dressings and moving bedridden patients. At the same time, Red Cross volunteer in Jesi with young people with disabilities.

Qualifications and *certifications.*

All currently valid. Copies available on request.

● Care worker qualification (OSS) · 92/100	02 / 2015
Associazione F.C.S., Jesi · 1,010 hours · Marche Region	
● BLSD adult and paediatric	06 / 2026
CPR and early defibrillation	
● PTC · Prehospital Trauma Care, basic	06 / 2026
Pre-hospital trauma management	
● Extrication and rescue devices	06 / 2026
Theory and practical training	
● M.I.O.S. · major incidents	07 / 2026
Major Incident Organization and Support	
● Workplace first aid (16 h)	04 / 2026
ST Project · Ministerial Decree 388/2003	
● Fire safety · level 2 (8 h)	02 / 2026
ST Project · Ministerial Decree 2 Sept 2021	
● Worker safety training · 4 h + high risk 12 h	10 / 2025
ST Project · State-Regions Agreement	
● Driving licence B · own car · ECDL	—
Available to travel	